

BUILDING EMOTIONAL INTELLIGENCE IN THE CLASSROOM

A LOOK AT THE IMPACT OF EMOTIONALLY SUPPORTIVE ENVIRONMENTS

CEU COURSE OVERVIEW

We recognize that the development of Emotional Intelligence in students plays a critical role in their success both in and out of the classroom. The privilege to learn in a safe and emotionally supportive classroom environment enhances well-being and self-esteem and encourages collaboration and the sharing of ideas. In this course, we will explore how we can create physically and emotionally supportive environments through design and pedagogy.

LEARNING OBJECTIVES

Learning Objective 1: Defining EQ

- Developing Emotional Intelligence alongside hard skills
- Addressing changes in the workplace
- Soft skills needed to navigate life as a student & beyond

Learning Objective 2: Key Components

- What are the key components of an emotionally supportive classroom?
- The two-prong approach - A safe environment both physically & emotionally
- How to create a physically & emotionally safe environment and supporting it through pedagogy and design

Learning Objective 3: Physical Safety & Its Impact

- Creating a place where students and teachers are free to teach & learn without fear of physical danger or bullying
- Securing entrances & exits while safely allowing visitors
- Implementing safe furniture & materials

Learning Objective 4: Implementing Emotional Support

- Encouraging discovery through collaboration spaces
- Supporting inquiry & project-based learning
- Fostering self-worth and confidence

